



*SEATTLE PARKS
AND RECREATION*

Yesler

COMMUNITY CENTER

Winter 2007

Program registration

Begins Dec 4, 2006

Program dates

Jan 9 – March 30

(unless otherwise noted)

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NEW!

REGISTER ONLINE - it's easy!
www.seattle.gov/parks

SPARC

Yesler Community Center

917 E. Yesler Way
Seattle, WA 98122
Phone: 206-386-1245 Fax 684-7787
Visit us online at www.seattle.gov/parks!

Hours of operation

Monday, Wednesday, & Friday	1 to 9 p.m.
Tuesday & Thursday	10 a.m. to 9 p.m.
Saturday	10 a.m. to 5 p.m.*
Sunday	Closed

*Through May 26, 2007

Program registration

Begins Dec 4, 2006

Program dates

Jan 9 - March 30 (unless otherwise noted)

Holiday closures

Monday, January 1, New Year's Day
Monday, January 15, Martin Luther King Jr Day
Monday, February 19, President's Day

Metro Bus Routes

Routes 27 and 60 stop on E. Yesler Way and Broadway (in front of the community center)
Routes 12 and 7 stop on S. Jackson St. and 12th Ave. S. (4 blocks away)

Directions

Yesler Community Center is located in the heart of Seattle on the corner of E. Yesler Way and Broadway. We are just minutes away from Downtown Seattle, Capital Hill, Beacon Hill, Pioneer Square, Safeco Field and Quest Stadium.

South on I-5:	North on I-5:
Take the James St. Exit.	Take James St. Exit.
Merge onto 6th Ave. (stay in right lane)	Turn right on James St.
Turn left on Yesler Way.	Turn right on Boren Ave.
	Turn right on Broadway.

OUR BROCHURE INFORMATION IS ALSO AVAILABLE ONLINE!

Did you know you can access our brochure in two different formats? You can visit our web site at www.seattle.gov/parks/centers/miller.htm and download a pdf (Free Adobe Reader required) that you can print, or you can explore our new **searchable** brochure at www2.seattle.gov/parks/brochure. Type in some keywords and find classes that are custom suited to you!

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Management Staff

Ken Bounds, Superintendent
B. J. Brooks, Deputy Superintendent
Christopher Williams, Parks & Recreation Operations Director
Robert Stowers, Central Recreation Manager

Professional Staff

Shari Watts, Recreation Coordinator
Ian Hallock, Assistant Recreation Coordinator
Kevin Roberson, Teen Development Leader
Kiesha Cannon, Recreation Leader
Darlene Hoskins, Recreation Attendant
Billy McKinion, Maintenance Laborer
Asfaha Lemlem, Computer Lab Coordinator
Jamal Willis, Child Care Program
Joe White, Child Care Program

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to the **City of Seattle**. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Special Events

HOLIDAY MAGIC CELEBRATION

FREE

Join us for our annual Holiday Magic dinner. Bring the family and a favorite food to share with your neighbors. There'll even be a special visitor from the North Pole to hear your child's wish! Special Thanks to Toys for Tots and KUBE 93 FM for donating toys this year.

6 – 8p.m.

Fri, Dec 15



NEIGHBORHOOD APPRECIATION DAY

FREE

Come on down to Yesler CC to enjoy a small snack and a few basketball games and have a great time with friends and family!

Noon – 2 p.m.

Sat, Feb 10

SPRING EGG HUNT

FREE

Join us for our annual rain or shine egg hunt. There will be lots of candy, special prizes and a ton of fun! Don't forget to bring a basket or bag to carry your goodies home. Children will hunt for goodies according to age.

10:30 a.m. – 12:30 p.m.

Sat, Apr 7

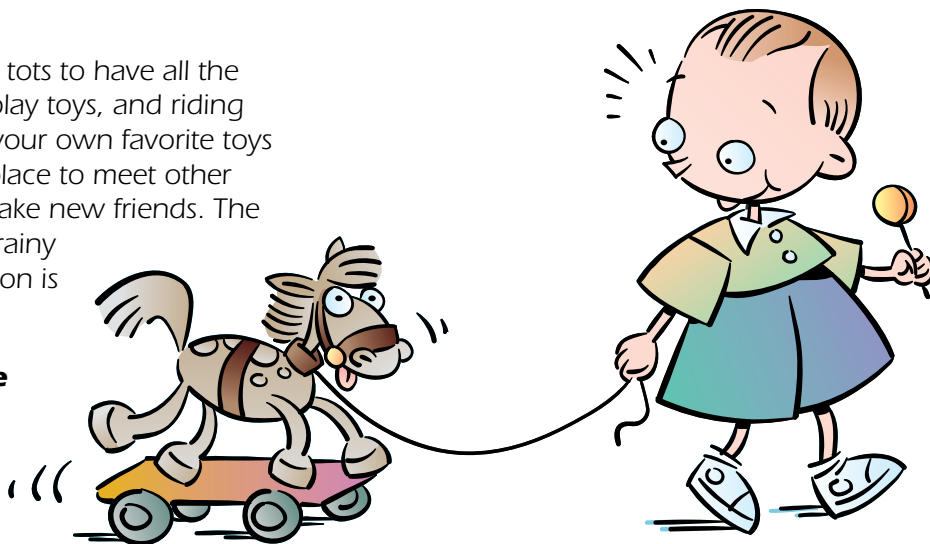


Toddler

TOT GYM

The gym will be reserved for tots to have all the fun they want. Balls, active play toys, and riding toys will be available. Bring your own favorite toys or use some of ours. Great place to meet other parents with toddlers and make new friends. The Tot Gym is perfect for those rainy Seattle days. Parent supervision is required.

\$1 drop-in fee per child
\$10 punch card available
Thursdays
10 a.m. – Noon



Youth

AFTER SCHOOL PROGRAM

This program is designed to serve the needs of working parents by providing children with a wide variety of experiences and choices designed to enhance self-esteem and independence within an engaging child-centered space. Our trained staff are committed to cultivating individual and nurturing relationships with participants as well as on-going programming that reflects the interests and worlds of our participants. This program follows the calendar of Seattle Public Schools.

Ages 5 – 12

Location: Childcare Room

After School – 5 days \$245, 2nd Child Discount \$235

Mon – Fri

1/2 – 1/31

2/1 – 2/28

3 – 6:30 p.m.

3/1 – 3/30



WINTER BREAK DAY CAMP

Ages 5 – 12

Yesler is offering a great camp for kids (grades K-5). The weeks will be packed with fun and exciting activities. A completed medical authorization/permission form must be on file at the center.

Week 1 12/18 – 12/22 7 a.m. – 6 p.m.

Fees: \$145; 2nd child \$140.00

Week 2 12/26 – 12/29 7 a.m. – 6 p.m.

Fees: \$116.00; 2nd child \$112.00

MID WINTER BREAK CAMP

Ages 5 – 12

Do you need childcare while the kids are out of school? Sign them up for Yesler's mid winter break camp. Our staff will keep them busy with fun filled activities throughout the day.

Location: Childcare Room

Tu – Fri Feb 20 – 23

7 a.m. – 6 p.m.

Fee: \$116

Youth Sports

Athletics

CUB BASKETBALL

This basketball program is for the younger hoopsters. They'll be able to play with youth amongst their own skill and age levels. Practice is twice a week and games are on Friday nights. Child must have proof of age to participate.

Age: 8 to 9

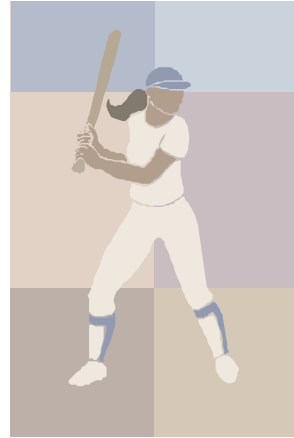
Fee: \$55

YOUTH BASKETBALL

This basketball program is for girls and boys age 10-17. Teams will be formed according to age and gender. Season ends in March 2007. Child must have proof of age to participate.

Age: 10 to 17

Fee: \$55



GIRLS SOFTBALL

Softball is a game that can be played and learned with little or no experience. Girls will learn the basics of softball in a recreational setting. Practice days and times are determined by availability of a volunteer coach. Practices will begin in April.

Ages 10 - 17

Location: Outdoor space

Day and Time: TBA

Fee: \$35

4/2 - 5/31

YOUTH TRACK & FIELD

Registration begins 2/26.

Ages 6 - 17

Location: Outdoor Space

Day and Time: TBA

Fee: \$35

**VOLUNTEER COACHES NEEDED!
INTERESTED? CALL YESLER AT
206-386-1245**



Youth / Teens



ADVANCE HIP HOP DANCE

Free

Explore elements of jazz, street dance, funk, as well as freestyle movement. Participants create original moves that express their individual sense of style & contribute to collaborative choreographed performances.

Instructor: Rita Alcantara

Age: 5 to 18

Location: Multi Purpose Room

Wed 4 - 6 p.m. 1/10 - 3/28

MULTI-MEDIA

Free

Draw, paint, collage & paper mache' your creative ideas into reality! Contribute to a group exhibition by using found objects, nature images & a variety of materials to create a working portfolio of your original 2D and 3D artwork.

Age: 7 to 18

Location: Art Room

Tue 4 - 6 p.m. 1/9 - 3/27

NATURAL VOICES

Free

Let your natural voice be heard! Explore the world of singing with your friends while learning to project & control your voice. Write original lyrics & share your songs with others by creating individual and group performances.

Instructor: Erica Merritt

Age: 5 to 18

Fri 4 - 6 p.m. 1/12 - 3/30

3-D SEWING & ACCESSORIES

FREE

Learn the basics of sewing and accessorizing in this exciting fashion class!

Thu 4 - 6 p.m. 1/11 - 3/29



TEEN ADVISORY COUNCIL

Yesler's Teen Advisory Council is looking for trustworthy, reliable and responsible youth to join. The goal of the Teen Council is to involve youth in planning teen programs and to have teens implement their ideas and opinions. Members of the Teen Advisory Council are required to attend monthly meetings. Meetings are held first Thursday of every month.

Location: Teen Room 4 p.m.

Youth / Teens

TEEN DEVELOPMENT PROGRAM

Yesler's Teen Development Program is available year round to youth ages 11-18. The goal of the program is to provide activities to teens in six core areas: Environmental Education & Stewardship, Arts & Culture, Life Skills & Job Readiness, Social Recreation, Citizenship & Leadership Development, and Sports & Fitness.

Participants in the Teen Program must have Participant Information & Authorization form completed, signed by a parent or guardian and on file in order to participate in activities. All activities are first come first serve. Sign-up sheets are available prior to activities. Some activities may require an additional permission slip signed by a parent or guardian in order to participate.

Instructor: Kevin Roberson

Age: 11 to 18 middle and high school youth

Location: Teen Room

4 - 8 p.m.



TEEN FITNESS

Free

The program goal is to teach teens the importance of exercise as part of a healthy life style.

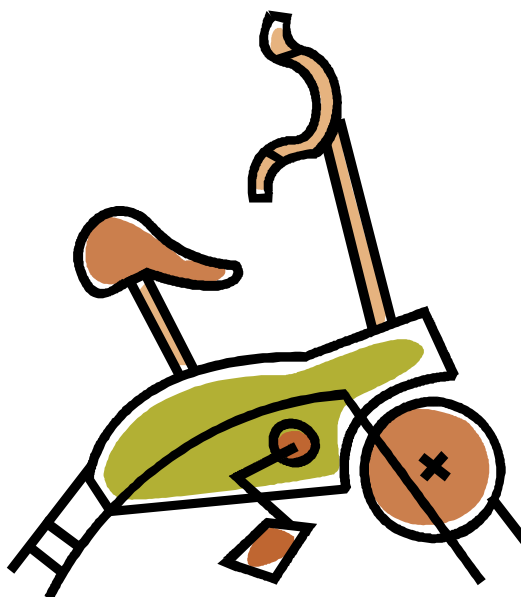
Age: 11 to 18

Location: Fitness Room

Wed

Time: TBA

1/9 - 3/28



URBAN ARTS

Free

Hiphop music. Spokenword. Graffiti Art. Zines! Join us in a multi-media exploration of the history of Hip Hop that will include: publishing a zine with your original artwork & lyrics, visiting a recording studio to create a collaborative music/spokenword cd, group discussions & live performances. Participants will consider how the arts empower youth to address community & world issues.

Age: 11 to 18

Location: Art Room

Instructor: Laura "Piece" Kelley

Tue

3 - 5 p.m.

1/9 - 3/27

INSTRUCTORS WANTED

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you'd like to share with others in a class or workshop format, please come in and talk to a member of our staff or give us a call (206) 386-1245.

All Ages



FAMILY MOVIE NIGHT

Bring the family out for an enjoyable night at the movies. Floor seating will be available so bring something comfy to sit on. Doors open at 6pm. Movie will start at 6:30pm. Popcorn and soda will be on hand for purchase. Movie title will be available the Wednesday prior to the showing of the movie.

6 p.m.
6 p.m.

Fri, Jan 26
Fri, Feb 23

INSTRUCTORS WANTED

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you'd like to share with others in a class or workshop format, please come in and talk to a member of our staff or give us a call (206) 386-1245.

LOOKING FOR SOMETHING?

Is there a class you'd like to see offered at Yesler Community Center? In an effort to accommodate the wants and needs of the community and provide a variety of classes and programs, we welcome your input. Just give us a call (206)386-1245

Computer Lab and Learning Center

Yesler Learning Center Schedule

The schedule may change without prior notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 a.m. – Noon Multi-Facilitated Time Only for Adults (Appt. required)	10 – 11 a.m. Head Start	10 – 11 a.m. Vietnamese Basic Computer Skills Class	10 – 11 a.m. Vietnamese Basic Computer Skills Class	10 a.m. – Noon Multi-Facilitated Time Only for Adults (Appt. required)
2 – 4:30 p.m. Open Lab	2 – 4:30 p.m. Open Lab	2 – 4:30 p.m. Open Lab	2 – 4:30 p.m. Open Lab	2 – 5 p.m. Open Lab
	4:30 – 5:30 p.m. Kids Place	5 – 7 p.m. High School Catholic Youth Tutoring	4 – 6:30 p.m. Teens Tech	4:30 – 6:30 p.m. Techno Mobile
4:30 – 6:30 p.m. ESL Computer and Basic Computer Adults Only	5 – 6:30 p.m. Multi-Facilitated Time Only for Adults 18 and Over	4:30 – 6:30 p.m. ESL Computer and Basic Computer Adults Only	5:30 – 6:30 p.m. Multi-Facilitated Time Only for Adults 18 and Over	5:30 – 6:30 p.m. Multi-Facilitated Time Only for Adults 18 and Over

SENIORS TRAINING SENIORS IN COMPUTER BASICS

The seniors training seniors in computer basics is a four 2 – hour class (one session) where seniors, in small class settings, will learn about computers, how to access the Internet and E-mail.

FUN ZONE

This structured after school program for kids ages 6-12. Kids will work on computer related projects; homework and play web based educational programs. Scanning pictures and manipulation of pictures using different software.

GETTING STARTED WITH COMPUTERS

This is a four-week, twice a week class! Learn practical applications and computer basics for personal or business use. Topics include introduction to Win 98, 2000, and the Internet; basic skills using software for word processing, spreadsheets, and Typing. No previous

contact with computers required.

TEENS MULTI MEDIA

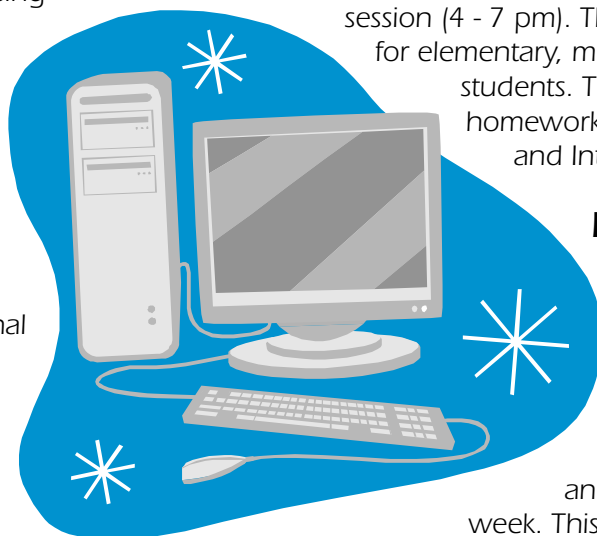
Multi Media for Teens: This is a joint project of RedLama Tech group and Yesler Learning Center to train teens with multi media programs. The program will run for 8 weeks and participants will learn—Introduction to computer programming and databases.

TUTORING

This program is designed for Catholic community Services Youth tutoring. The program meets three days a week 2 hours session (4 - 7 pm). This is one on one tutoring for elementary, middle, and high school students. The lab is utilized for homework and different computer and Internet related projects.

ESL (ENGLISH AS A SECOND LANGUAGE)

This course target immigrants living in Yesler Terrace. The class is an eleven-week class and it will meet twice a week. This course will cover English as a second language skills involving grammar, writing, vocabulary and sentence.



Adults

First Aid, Health & Safety

FIRST AID & ADULT CPR \$55

This course teaches how to respond to an emergency, proper techniques of controlling bleeding, treatment for burns, poisonings and sudden illness, choke-saving maneuvers, rescue breathing & CPR for adults. This course meets OSHA & WISHA requirements. PLEASE REGISTER BY CALLING AMERICAN RED CROSS AT 206.726.3534

Instructor: American Red Cross

Location: Child Care Room

Saturdays

1/13, 2/10, 3/10

9 a.m. – 4 p.m.



FITNESS ROOM

Treadmills, elliptical trainers, universal trainers, free weights. Whether you're trying to get in shape or stay in shape, our fitness room is here to help you meet your goals. Get a monthly fitness pass for only \$15 or you can drop-in any day for \$2. The fitness room is open during our regular business hours.

Age: Adults only



Lifelong Recreation

TRIP REGISTRATION INFORMATION

Payment must be received 5 working days prior to departure.

Make checks payable to: SAAC.

Mail checks to: Senior Adult Programs, Attn: Central Sector, 8061 Densmore Ave N, Seattle, WA 98103-4436

Trip Registration: Phone-in only by calling 206-684-4240 **at 8 a.m. on the date listed** for each trip. Leave your name, phone number, and pick-up site. You can sign up yourself and one other person. You'll **only** be called back if you're on the wait list. All trip times, costs, and destinations are subject to change.

East Pick-up Sites:

Miller CC 330 19th Ave E

Pickup 15 minutes before time listed

Garfield CC 2323 E Cherry St

Pickup at time listed

Discover DaVinci \$7.50
#13274 Fri, Jan 5 9:30 a.m. – 3 p.m.

Tour Two Eastside \$12

Establishments

#13466 Fri, Jan 12 9 a.m. – 4 p.m.

LeMay Museum \$10

#13272 Fri, Jan 19 8:30 a.m. – 3 p.m.

Lovely LaConner \$10

#13273 Fri, Feb 2 10 a.m. – 5 p.m.

Valentine Theme Trip \$8

#13470 Fri, Feb 9 10 a.m. – 4 p.m.

Madison Park Secrets \$7.50

#13275 Fri, Feb 16 10 a.m. – 3 p.m.

King 5 Newsroom \$8

#13471 Fri, Feb 23 9 a.m. – 4 p.m.

Triple Town Treat \$8

#13276 Fri, Mar 2 10 a.m. – 4 p.m.

Port of Seattle \$8

#13472 Fri, Mar 9 9:30 a.m. – 4 p.m.

Lifelong Recreation

Day Trippin'

\$6/hike

Explore beautiful parks and trails in this hiking program. Hikes are usually about 3 miles on varied terrain. Weather permitting, bring lunch for the trail. In rainy weather we will lunch (on your own) at a restaurant close to the hike. Be prepared for wet or muddy trails with appropriate clothing and footwear! We provide transportation. **Please register ahead of time by calling 233-7255. Van pickup from Miller is at 9:45 a.m., and at Garfield at 10 a.m. We'll return at approximately 3 p.m.**

#13259 Tue, Jan 9 Point Defiance
#13262 Tue, Jan 23 Issaquah Creek
#13261 Tue, Feb 6 St. Edwards Park
#13260 Tue, Feb 20 Redmond Watershed Preserve
#13258 Tue, Mar 6 Coal Creek Falls



Red Hat Society

Join this group of women 50 and older who are looking for fun! We will have a monthly event that all are welcome to attend! Lunch will be "on your own," and we'll provide **transportation from Garfield CC** for most events. Please register in advance—these events fill up fast!

#13321 Thu, Jan 18 10 a.m. – 4 p.m.
#13322 Thu, Feb 15 10 a.m. – 4 p.m.
#13323 Thu, Mar 8 10 a.m. – 4 p.m.
Fee: \$5 transportation per event

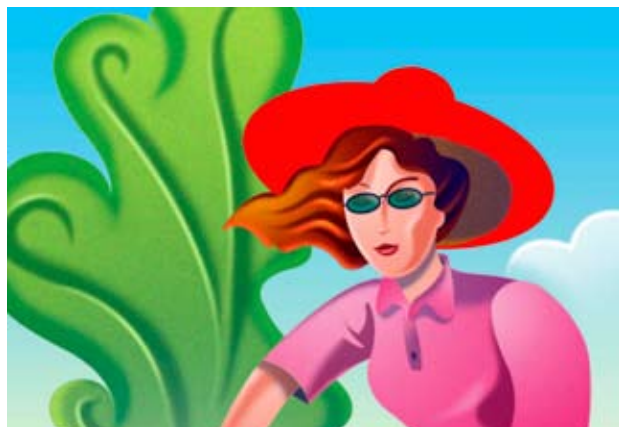
TAI CHI

\$30 – 1 DAY/WK

Learn slow and gentle meditative exercises that are good for stress, balance, concentration, and general physical well being.

Instructor: Ed Baxa

#13271 Tue 12:30 – 1:45 p.m.



Computers and Technology

Computer Basics, \$15/session Learn It and Earn It!

Get up and running on computers with these hands-on classes. Any senior who completes 16 hours of computer training in our program will receive a voucher for a free computer and monitor! Call Asfaha at 386-1245 to register.

Location: Yesler Community Center Computer Room

#13255 10:30 a.m. – Noon
T/Th (1/9 – 2/1)

#13256 10:30 a.m. – Noon
T/Th (2/6 – 3/1)

#13257 10:30 a.m. – Noon
T/Th (3/6 – 3/29)

Computer Basics In Vietnamese

\$30

Learn computer basics in Vietnamese. Any senior who completes 16 hours of computer training in our program will receive a voucher for a free computer and monitor! Call Nhu-Y at 233-7255 to register.

#13252 10:30 a.m. – Noon
W/Th (1/3 – 3/15)

E-Bay and Online Shopping \$5

This class provides an overview of online shopping and selling. It covers E-bay, our local Craigs List, and how to use Pay Pal. It's a great introduction to internet commerce!

Instructor: Lorrie Dempke

#13316 12:30 – 2 p.m.
T/Th (1/9 – 1/11)

Digital Photo Management \$5

Learn how to get the pictures from your digital camera to the computer, how to size and print them, how to save them to a disk or drive, and how to e-mail them to friends. Bring your digital camera and USB cable to class.

Instructor: Lorrie Dempke

#13688 12:30 – 2 p.m.
T/Th (1/23 – 1/25)

Winter Quarter 2007

TUESDAY & THURSDAY

6:30–8:00 a.m.... Early Lap Swim/Masters Workout (ends Feb 2)
 6:00–7:30 a.m..... Early Lap Swim/Masters Workout (begins Feb 5)
 11 a.m.–3:00 p.m..... **Lap Swim**
 11:30a.m.–noon Kinder Lessons
 Noon–1:00 p.m..... Adapted Water Exercise
 1:00–2:00 p.m..... Pool Playland
 4:00–5:00 p.m..... Public Swim (Shallow end only)
 5:30–8:00 p.m. **Lap Swim**
 5:00–6:00 p.m..... Youth Lessons (6 & up)
 6:00–6:30 p.m..... Kinder Lessons (4–5 years)
 6:00–6:45 p.m..... Aqua Jogging
 6:30–8:00 p.m..... Public Swim

TUESDAY & THURSDAY

11 a.m.–3:00 p.m..... **Lap Swim**
 11:00–11:30 a.m..... Parent/Tot Lessons
 11:30–noon 3 Year Old Lessons
 Noon–1:00 p.m..... Pool Playland
 4:00–5:00 p.m..... Public Swim (Shallow end only)
 5:00–6:00 p.m..... Youth Lessons (6 & up)
 5:30–8:00 p.m. **Lap Swim**
 6:00–6:30 p.m..... Kinder Lessons/Adult Lessons
 6:30–7:00 p.m..... 3 Year old/Tot Lessons
 7:00–8:00 p.m..... Shallow Water Exercise/
 Masters Workout

FRIDAY

6:30–8:00 a.m..... Early Lap Swim/Masters Workout (ends Feb 2)
 6:00–7:30 a.m..... Early Lap Swim/Masters Workout (begins Feb 5)
 11 a.m.–3:00 p.m..... **Lap Swim**
 Noon–1:00 p.m..... Pool Playland
 4:00–5:30 p.m..... Public Swim (Shallow end only)
 5:30–6:30 p.m. **Lap Swim**
 5:30–6:15 p.m..... Aqua Jogging
 6:30–8:00 p.m..... Public Swim

SATURDAY

8:30–5:00 p.m..... **Continuous Lap Swim**
 9:00–10:00 a.m..... Water Exercise
 10:00–11:00 a.m..... Family Float Swim
 11:00–11:30 a.m..... Kinder/Tot Lessons
 11:30–noon Beg/Adv. Youth Lessons
 12–12:30 p.m..... 3 Year Old/Adult lessons
 12:30–1:00 p.m. Private/Special Population lessons
 1:30–2:50 p.m..... Public Swim
 3:00–3:30 p.m..... Youth Lessons (6 and older)
 3:30–4:00 p.m..... Kinder Lessons (4–5years)
 4:00–5:00 p.m..... Public Swim (shallow only)

Medgar Evers pool is available for private splash parties.
 Please contact the pool for available times
 and fees by calling 684-4766.

RECREATIONAL SWIM PROGRAM FEES

Under 1 year	Free
Children (1-18 years)	\$2.75
Adults (19 & Over)	\$3.75
Sr. Adults/Sp. Pop	\$2.75
Recreational swim card	\$20.00

WATER FITNESS PROGRAM FEES:

Water Exercise/Aqua Jog	\$4.75
Senior Water Exercise/Aqua Jog	\$3.00
Fitness swim card	\$30.00
Adult FAST Pass	\$45.00
Senior/Disabled/Youth FAST Pass	\$35.00

DIVE-IN MOVIE SCHEDULE

Swimming fun for the whole family. Enjoy swimming with the lights out while watching a family-appropriate film! Popcorn will be sold for \$2.00.

Fri, Jan 19 Hoodwinked PG
 Fri, Feb 16 Ice Age – The Meltdown G
 Fri, Mar 16 Garfield – Tail Of Two Kitties G

WORLD MUSIC NIGHT

Explore our planet through the universal language of music! Enjoy a swim while our DJ spins world beats & global grooves, taking you on an international musical voyage to visit our neighbors across the seven seas.

1st Friday of every month during evening public swim, 6:30 – 8:00 p.m.

Winter Quarter 2007

Recreational Swim Programs

***Early Morning Lap Swim** - Swimmers follow a posted set of lap swimming guidelines. Open to anyone who can swim lengths of the pool. Program admission is by swim ticket, check or exact change only.

Lap Swim - Lap swimming. At least 2 and usually 3 Lap Lanes will be available. Swimmers please follow the posted set of lap swim guidelines. Open to any age that can swim lengths. This program is offered in conjunction with other swims in the pool at the same time.

Masters Workout - A swim team workout for adults. Let our coach get you in shape. Get an invigorating workout, while receiving stroke and turn tips from the experts.

Public Swim - Recreational swimming for all ages. Children who are under 4' tall and who are under 6 years of age must be accompanied into the pool by an adult.

Family Float Swim/Pool Playland - Recreational swimming for the whole family. All ages may participate; however, parents must accompany children under the age of 18 into the pool.

Redwood Cedar Sauna - The Sauna is available during all of our hours of operation. Children under 18 must be accompanied by parent.

Weight Training Area - The Universal weight machines, Smith Machine, & free weights are available for use during all operating hours. Check out a weight pin from the cashier. For Adults 18 and over. Fee is \$1 with swim admission and \$2 without.

Fitness Programs

Shallow Water Exercise - Increase your flexibility and your range of motion in this low impact aerobic class. This is a terrific exercise program for all ages and abilities. Especially helpful to seniors and patients recovering from injuries.

Adapted Water Exercise - Primarily for seniors or those seeking joint mobility and flexibility, our instructors will help improve your quality of life. Class is set to relaxing big band and contemporary music.

Deep Water Aqua Jogging - This is a great way to experience the benefits of a really good run, without the harmful impact of the real thing. Perfect for athletes who are recovering from injuries. Participants in this program must be comfortable in deep water.



Swimming Lesson Programs

PARENT TOT SWIMMING LESSONS - 6 MONTHS TO 4 YEARS

This class teaches basic water adjustment through more advanced swimming skills with an emphasis on enjoyment and relaxation.

THREE YEAR OLD LESSONS

Just for our three year old patrons! Parents watch from the deck while an experienced instructor teaches their child important skills needed to be comfortable in the water.

KINDER LESSONS - AGES 4 & 5 YEARS

Water adjustment, basic swimming skills as well as more advanced American Red Cross techniques are introduced and taught. Students are placed in small class groups, then divided into ability levels.

BEGINNING YOUTH LESSONS - AGES 6 TO 13

American Red Cross swimming lessons, skills taught begin with water adjustment for the novice and end with crawl stroke and deep water skills. Some optional diving techniques are also included.

ADVANCED YOUTH - AGES 6 TO 13

This American Red Cross class is for advanced students who are comfortable swimming lengths of the pool in the deep end, and have strong floatation and crawl stroke skills.

ADULT LESSONS - AGES 13 & OLDER

Novice through advanced levels of instruction. The classes are tailor made to the students needs. Special gentle attention is given to those adults who are aqua phobic.

BIRTHDAY & SPLASH PARTY RENTALS

Medgar Evers Pool is available for your private rental. For more information call, 684-4766

HOW TO REGISTER FOR LESSONS

Register online at www.seattle.gov/parks, call the pool at 684-4766 or come to the pool. Fees must be paid at the time of registration; spaces may not be reserved without payment. Registration is done on a first come, first served basis.

LEARN TO SWIM

Through the 2000 Pro Parks Levy, the citizens of Seattle voted to provide funding for a free session of swimming lessons to all 3rd and 4th graders in the City of Seattle. More information is available at www.seattle.gov/parks/aquatics/learntoswim.htm

Financial assistance for children's swimming lessons is available. Please contact the pool for more information.

Community Phone Numbers

Recreation Information

Public Information..... 684-8020
 Compliments/Concerns.. 684-4837
 Ballfield Rainout
 Hotline 233-0055
 Environmental
 Stewardship..... 733-9701
 Field/Tennis Court
 Scheduling 684-4077
 Group Field/Tennis Court
 Scheduling 684-4082
 Picnic Scheduling 684-8021
 Teen Program Advocate . 684-7136
 Teen TREC Program..... 684-7097

Community Services

Chamber of Commerce.. 686-3221
 Capitol Hill Neighborhood Svc Ctr .
 684-4574
 Community Law Project . 686-7252
 Crime Prevention
 Organizer 332-0621
 Crisis Line..... 461-3200
 Horn of Africa Services.... 344-5872
 IDHA..... 941-1114
 The Job Connection 344-5837
 Yesler Neighborhood
 House 461-4522
 Yesler Mngt. Office 223-3758
 Yesler Comm. Liaison..... 343-7484
 Yesler Community
 Police Officer 684-4371
 Yesler Youth Tutoring
 Program 682-5590
 Police — East Precinct 684-4300
 Police — West Precinct ... 684-8917
 Metro Transit Rider Info... 553-3000
 Yesler Computer Lab 386-1245

School Information

Bailey Gatzert..... 252-2810
 Cleveland H.S..... 252-7800
 Franklin H.S. 252-6150
 Garfield H.S..... 252-2270

Leschi 252-2950
 Madrona..... 252-3100
 Meany Middle 252-2500
 Mercer Middle..... 252-8000
 Stevens 252-3400
 T.T. Minor 252-3230
 Topps..... 252-3510
 Transportation..... 252-0900
 Washington Middle..... 252-2600

Sports Information

Amy Yee Tennis Center ... 684-4764
 Athletic Field Scheduling 684-4077
 Capitol Hill Soccer 675-0397
 Central Area Panthers
 Football 853-3181
 Citywide Adult Athletics.... 684-7092
 Citywide Youth Athletics ... 684-7091
 Field/Tennis Court
 Scheduling 684-4077
 Garfield Little League..... 721-3534
 Montlake Little League ... 853-3181

Special Programs

Senior Adult Programs
 Citywide 684-4951
 Central East 233-7255
 Special Populations
 (Youth/Adult) 684-4950

Special Interests

Aquarium..... 386-4320
 Asian Art Museum 654-3100
 Camp Long ELC* 684-7434
 Carkeek Park ELC*..... 684-0877
 Daybreak Star Cultural
 Arts Center 285-4425
 Discovery Park ELC* 386-4236
 Green Lake
 Small Craft Center 684-4074
 Langston Hughes
 Performing Arts Ctr.... 684-4757
 Mt. Baker Rowing
 & Sailing Center..... 386-1913

Seward Park ELC* 684-4396
 Woodland Park Zoo 684-4800

Community Centers & Pools

Alki CC 684-7430
 Ballard CC..... 684-4093
 Ballard Pool..... 684-4094
 Bitter Lake CC..... 684-7524
 Colman **(Summer only)** .. 684-7494
 Delridge CC 684-7423
 Evans Pool 684-4961
 Garfield CC 684-4788
 Green Lake CC 684-0780
 Hiawatha CC 684-7441
 High Point CC 684-7422
 International District CC.. 233-0042
 Jefferson CC..... 684-7481
 Laurelhurst CC 684-7529
 Loyal Heights CC..... 684-4052
 Madison Pool 684-4979
 Magnolia CC..... 386-4235
 Meadowbrook CC..... 684-7522
 Meadowbrook Pool..... 684-4989
 Medgar Evers Pool 684-4766
 Miller CC 684-4753
 Montlake CC 684-4736
 Mounger **(Summer only)** . 684-4708
 Northgate CC 206-386-4283
 Queen Anne CC..... 386-4240
 Queen Anne Pool 386-4282
 Rainier CC..... 386-1919
 Rainier Beach CC..... 386-1925
 Rainier Beach Pool 386-1944
 Ravenna-Eckstein CC 684-7534
 Sand Point CC..... 684-4946
 South Park CC..... 684-7451
 Southwest CC 684-7438
 Southwest Pool 684-7440
 Van Asselt CC..... 386-1921
Yesler CC..... 386-1245

*ELC = Environmental Learning Center

Facility Rental Information

YESLER COMMUNITY CENTER

Rent Yesler Community Center for birthdays, weddings, meetings, dances, family reunions, seminars, craft shows, etc.

RATES AND AVAILABILITY

Contact Yesler Community Center Staff at 206-386-1245 for cost and availability. If

Yesler Community Center doesn't suit your needs, visit the Seattle Parks and Recreation web site at **<http://www.seattle.gov/parks/reservations/Facrentalguide.htm>**. There are over 20 great locations that can be rented throughout the Parks Department!



You can make a difference!

The Yesler Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Yesler's Advisory Council is always looking for new members. Meetings are held on the third Wednesday evening of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Yesler Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact Shari Watts at 206-386-1245.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about rentals, please view our facility rental brochure (<http://www.seattle.gov/parks/rentals/Facrentalguide.htm>).

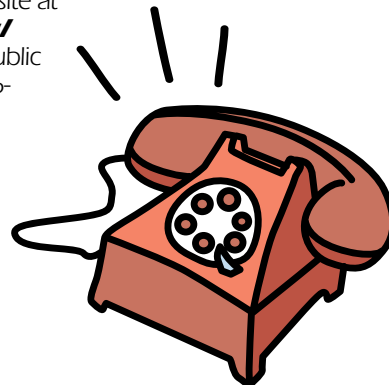
Special Populations

For information about programs for youth/adults with disabilities, please call the Specialized Programs Office at 206-684-4950 or visit the web at <http://www.seattle.gov/parks/SpecialPops/index.htm>.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at

www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.



Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

What's Happening

HOLIDAY MAGIC CELEBRATION

FREE

Join us for our annual Holiday Magic dinner. Bring the family and a favorite food to share with your neighbors. There'll even be a special visitor from the North Pole to hear your child's wish! Special Thanks to Toys for Tots and KUBE 93 FM for donating toys this year.

6 – 8p.m.

Fri, Dec 15

FAMILY MOVIE NIGHT

Bring the family out for an enjoyable night at the movies. Floor seating will be available so bring something comfy to sit on. Doors open at 6pm. Movie will start at 6:30pm. Popcorn and soda will be on hand for purchase. Movie title will be available the Wednesday prior to the showing of the movie.

6 p.m.

Fri, Jan 26

6 p.m.

Fri, Feb 23

NEIGHBORHOOD APPRECIATION DAY

FREE

Come on down to Yesler CC to enjoy a small snack and a few basketball games and have a great time with friends and family!

Noon – 2 p.m.

Sat, Feb 10

SPRING EGG HUNT

FREE

Join us for our annual rain or shine egg hunt. There will be lots of candy, special prizes and a ton of fun! Don't forget to bring a basket or bag to carry your goodies home. Children will hunt for goodies according to age.

10:30 a.m. – 12:30 p.m.

Sat, Apr 7



Seattle Parks and Recreation Yesler Community Center

917 E. Yesler Way
Seattle, WA 98122

206-386-1245

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